



Therapeutic Touch of Health, LLC

Referral Guidelines

We are sorry to hear you were injured in a recent accident. If this is your first injury these guidelines will help you through the process of obtaining a referral from your doctor for medical massage treatment. We wish you the best on your journey to healing and we hope you will choose Therapeutic Touch of Health, LLC for your rehabilitative needs.

STEP 1

Report your injury to the proper individuals.

1. Auto accidents – notify your auto insurance company.
2. Work-related injuries – notify your Employer/Supervisor and request Workers' Compensation (WC) coverage for your medical needs.

STEP 2

Schedule an appointment with your Primary Care Physician to request a referral for medical massage therapy. At your appointment present your AUTO or Workers' Compensation (WC) insurance information to your doctor. Your Referral Prescription should indicate the following:

1. Code "ICD-9"
2. The parts of your body needing therapy.
3. Frequency (# of times per week) and duration or number of total sessions authorized under Referral Prescription.

Please Note: If you do not have a Primary Care Physician find an Internal Medicine/Occupational Health physician that accepts auto or wc cases. You may ask their receptionist if this physician understands the benefits of massage, as not all physicians believe in prescribing massage.

STEP 3

Contact Therapeutic Touch of Health, LLC to schedule your initial appointment. Your initial session may be a softer touch than you may be used to due to injury of muscular tissue. As you start healing we will apply more pressure.

Therapeutic Touch of Health, LLC is committed to helping you restore integrity back to your muscles after an auto/wc injury. Our massage therapists will work closely with your doctor and other medical providers to help you heal as quickly as possible.

Please contact us to find out how we can minimize/eliminate the effects of your injury so that you can move with ease.

Therapeutic Touch of Health, LLC
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